



# Pallamallawa Primary School.

Ph: 67 549 209

Fax: 67 549 435

## Newsletter - Thursday 15<sup>th</sup> November

### Wednesday Assembly Awards

K-2: Imogen Vosper, Jack Colless, Zoey Austin, David Kumar, Benjamin Hobday.

3-6: Brittany Ford, Bradman Walker, Hannah Alcorn, Annabelle Latimer-Smith, Cassidy Hobday.

Special Awards: Katie Cory, David Kumar, Zack Crouch

### Bartram Tragedy

The Whole School Community are thinking of the Bartram Family at this sad time. Mitch attended the School and Tracy, his mum, works as our cleaner. Our thoughts are with the whole Family.

The P & C are supporting the Family with a fundraiser at the Golden Grain Hotel this Friday Night. The school will be running raffles. The P & C are asking Parents to come along and assist with the raffles. Extra raffles have been organised. Also donations can be left with the P&C that will be passed onto the Family.

# Intensive Swimming

# Monday

# POSTPONED

# Due to Funeral.

## **Intensive Swim School 20<sup>th</sup> Tuesday - Monday 26<sup>th</sup> November**

Intensive swimming will now commence on Tuesday. Parents who assist with swimming want to attend the Bartram funeral so we have organised with buses and pool to postpone swimming. Some Swim notes and money are still outstanding. These need to be returned tomorrow. We are trying to organise groups and this is extremely difficult when we do not have all student information.

Children will need to bring swimmers, rashy or t-shirt to wear in the water, towel, sunscreen, hat, packed recess (2), lunch and drinks. Please make sure your child has underwear to change into.

The timetable at this stage:

- 9.15 Student to have first recess.
- 9.30 Depart School.
- 10.30 First swim session.
- 11.30 Lunch
- 12.15 Second swim session.
- 1.30 Depart Pool
- 2.15 Students to have second recess.

### **Morning Tea & Lunches**

Staff would like to see students bring sandwiches and fruit in packed lunches. Pre-packaged food, lollies, and other sugary foods are high in sugar and do not give children long term energy. Sugary foods are short fix foods.

The staff are finding students are eating the pre-packaged foods/sugary foods and not the healthy food that has been packed The staff encourage students to take home what they do not eat. This way parents can see what and how much students are eating. Staff have noted some students throwing out sandwiches and the healthy food (fruit) giving parents the wrong impression.

Healthy food enables children to concentrate and work at their full potential.

### **Pyjama Party - Sleep over.**

We still have a number of outstanding notes. Notes are needed to assist with the organisation.

Students will need to bring a sleeping bag or swag and pillow. Please do not send any food or snacks. All food, etc. will be provided.

The movie will commence at 7.30pm. All children attending need to have had their evening meal before coming to school.

## Message from Mrs Barwick

Mrs Barwick would like all library books returned next week. She will be starting to stocktake in the next few weeks. Please have a hunt round. Some students have more than one book on loan.

## Student Personal Development Day - Friday, 30<sup>th</sup> November

Visiting the school will be Christine Connor and the Hunter New England Health Team on Friday, 30<sup>th</sup> November. The team will be working with students on how to be healthy: the foods we should eat, exercise, and hygiene are just some the areas to be covered.

A permission note will be sent home explaining the day next week.

## Canteen

Thank you to all parents who have offered to assist with canteen. If you are unable to assist please contact Lynette 67549490.

### Canteen Roster Term 4

#### *November*

		<b>Fri 16<sup>th</sup></b>	<b>Liz Hobday</b>
<b>Mon 19<sup>th</sup></b>	<b>NO CANTEEN-Funeral</b>	<b>Fri 23<sup>rd</sup></b>	<b>NO CANTEEN-Swim School</b>
<b>Mon 26<sup>th</sup></b>	<b>NO CANTEEN-Swim School</b>	<b>Fri 30<sup>th</sup></b>	<b>Lynette Taunton</b>

#### *December*

<b>Mon 3<sup>rd</sup></b>	<b>Colene Daley</b>	<b>Fri 7<sup>th</sup></b>	<b>Heidi Johnstone</b>
<b>Mon 10<sup>th</sup></b>	<b>Lynette Taunton</b>		

### Canteen Fruit Term 4

<b>Fri 16<sup>th</sup></b>	<b>Liz Hobday</b>	<b>Fri 23<sup>rd</sup></b>	<b>NO CANTEEN-Swim School</b>
<b>Fri 30<sup>th</sup></b>	<b>Lynette Taunton</b>		

#### *December*

<b>Fri 7<sup>th</sup></b>	<b>Heidi Johnstone</b>
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## Calendar

### Term 4

#### November

- Fri 16<sup>th</sup> Pyjama Party - Sleepover
- Tue 20<sup>th</sup> - Mon 26<sup>th</sup> Intensive Swim Program-Warialda Pool
- Fri 30<sup>th</sup> Personal Development Day

#### December

- Thurs 6<sup>th</sup> Presentation Night
- Mon 10<sup>th</sup> Last Day of CANTEEN FOR TERM 4
- Wed 12<sup>th</sup> Christmas Tree
- Fri 14<sup>th</sup> Year 6 Luncheon
- Wed 19<sup>th</sup> Last Day Term 2012