



# Pallamallawa Primary School.

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## Newsletter - Thursday 22<sup>nd</sup> November

### **Intensive Swim School 20<sup>th</sup> Tuesday - Monday 26<sup>th</sup> November**

Thank you to all the instructors for supporting our swim program. All students are progressing well and gaining confidence in the water. The trial of having two sessions in one day appears to be going well.

Parents are reminded to send in extra food for the afternoon recess. A number of students are eating everything by the end of lunch and have nothing left for the 2.15 recess.

Mini Carnival (Year 2-6): Those children who can swim 50 metres will be participating in a mini carnival next Monday during the first swim session. All the other children will continue with their swim instruction.

The timetable at this stage:

9.15	Student to have first recess.
9.30	Depart School.
10.30	First swim session.
11.30	Lunch
12.15	Second swim session.
1.30	Depart Pool
2.15	Students to have second recess.

### **Morning Tea & Lunches**

Staff would like to see students bring sandwiches and fruit in packed lunches. Pre-packaged food, lollies, and other sugary foods are high in sugar and do not give children long term energy. Sugary foods are short fix foods.

The staff are finding students are eating the pre-packaged foods/sugary foods and not the healthy food that has been packed the staff encourage students to take home what they do not eat. This way parents can see what and how much students are eating. Staff have noted some students throwing out sandwiches and the healthy food (fruit) giving parents the wrong impression.

Healthy food enables children to concentrate and work at their full potential.

## **Pyjama Party - Sleep over.**

The night was enjoyed by all. The floor was a little firm but most slept well. Unfortunately the weather did not allow for viewing of stars. The telescope was returned to Warialda High unused. Thank to Warialda High for the allowing us to borrow the telescope.

Thank you Mrs Forsyth for assisting with the students and sleeping over.

## **Message from Mrs Barwick**

Mrs Barwick would like all library books returned next week. She will be starting to stocktake in the next few weeks. Please have a hunt round. Some students have more than one book on loan.

## **Student Personal Development Day - Friday, 30<sup>th</sup> November**

Visiting the school will be Christine Connor and the Hunter New England Health Team on Friday, 30<sup>th</sup> November. The team will be working with students on how to be healthy: the foods we should eat, exercise, and hygiene are just some the areas to be covered.

The permission/information note sent home today needs to be returned to the office by next Tuesday.

## **K - 6 Christmas Tree- Wednesday 12<sup>th</sup> December**

This year we will have a whole school Christmas Tree at the Warialda Pool from 12-2pm. Parents are asked to send in gifts for under the tree. These gifts need to be labelled clearly with the child's name. Please keep the price of gifts to \$10. Santa will be visiting the Pool.



## **Canteen**

Thank you to all parents who have offered to assist with canteen. If you are unable to assist please contact Lynette 67549490.

### **Canteen Roster Term 4**

<b>November</b>		<b>Fri 23<sup>rd</sup></b>	<b>NO CANTEEN-Swim School</b>
<b>Mon 26<sup>th</sup></b>	<b>NO CANTEEN-Swim School</b>	<b>Fri 30<sup>th</sup></b>	<b>Lynette Taunton</b>
<b>December</b>			
<b>Mon 3<sup>rd</sup></b>	<b>Colene Daley</b>	<b>Fri 7<sup>th</sup></b>	<b>Heidi Johnstone</b>
<b>Mon 10<sup>th</sup></b>	<b>Lynette Taunton</b>		

### **Canteen Fruit Term 4**

<b>Fri 30<sup>th</sup></b>	<b>Lynette Taunton</b>	<b>Fri 23<sup>rd</sup></b>	<b>NO CANTEEN-Swim School</b>
<b>December</b>			
<b>Fri 7<sup>th</sup></b>	<b>Heidi Johnstone</b>		

## **Calendar**

### **Term 4**

#### **November**

- Tue 20<sup>th</sup> - Mon 26<sup>th</sup> Intensive Swim Program-Warialda Pool
- Fri 30<sup>th</sup> Personal Development Day

#### **December**

- Thurs 6<sup>th</sup> Presentation Night
- Mon 10<sup>th</sup> Last Day of CANTEEN FOR TERM 4
- Wed 12<sup>th</sup> Christmas Tree
- Fri 14<sup>th</sup> Year 6 Luncheon
- Wed 19<sup>th</sup> Last Day Term 2012

# **Community News**

## ***THANK YOU EVERYONE***

**The Pallamallawa P & C would like to Thank everyone in the local community and Moree township for their support and generosity with our fundraiser for the Bartram family.**

**We would like to thank the following for their generous donations towards the auction.**

**Steve & Robyn, Leggies Meats, Reado's Meats, Pally Café, Hardmans Outdoor & Camping Moree Holden Group, Tait Toyota, Pally Styles, Thomas Lee Motorcycles, Harvey Norman, Houseworx, Lyndon & Rachel Rohde, Assefs, Lowes Petroleum, Mitre 10, The Cotton Shop, Bookwise, Grunt Auto Parts, My Tyme, Lilly's Hair Creations, Scent of a Candle, Sonja Parnell Photography, Gavin & Dina Brazel, Major Metals, Logan & Katrina Smith, Les Rigby, Bree Pring, Col Pring, Pally Boys, Clinton & Kerri-Lynn Peachey, Moree Car Spar, Pixel & Pose's Photography, Omega Café.**

# **PROGRAMS RUNNING AT THE MOREE PCYC**

**Please find listed below the different programs the Moree PCYC is running:**

**We are running Saturday morning basketball 9-11 am**

**Aussie hoops 7-10 years.**

**Competition 11 -16 years.**

**Basketball Training 4pm - 5pm Thursday.**

**Moree PCYC breakfast program, days have changed. Monday, Wednesday & Friday**

**New activity Brazilian Jui Jitsui 10 years to open age.**

**Starts Thursday 29/11/12.**

**regards**

**Andrew Ryan**

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## **Pally War Memorial Committee 100 Club**

Hi All,

Just wanting to tell you all, that today in Pallamallawa we are launching a Raffle aimed to raise money to build a permanent war memorial.

The tickets are \$ 100 each  
With the prize being \$5000

There are only 100 tickets available and there are already orders coming in,  
Raffle will be drawn on Friday the 21<sup>st</sup> December 2012, Just in time for Christmas

For more details or to buy a ticket, contact me as below

**Trudie McNamara**  
Administration Officer

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