



Pallamallawa Public School

Newsletter 26th October 2017

Ms Sharyn Pidgeon (Rel Principal)

Calendar 2017

October

Tues 31st Canteen-Jodi

Nov

Mon 6th School Council Meeting at 2pm

Tues 7th Canteen -Jodi

Thurs 9th Jumpstart

Tues 14th Canteen-Jodi

Thurs 16th Assembly

Tues 21st Canteen-Jodi

Thurs 23rd Jumpstart

Mon 27th Swim Program

Tues 28th Swim Program

Wed 29th Swim Program

Thurs 30th Swim Program

Dec

Fri 1st Swim Program

Mon 4th Swim Carnival

Tues 5th Canteen-Jodi

Thurs 7th Jumpstart

Tues 12th Canteen-Jodi

Wed 13th Presentation Night

Fri 15th Last Day of Term 4

Mon 18th Staff Development

Tues 19th Staff Development

Assembly Awards

K-2: Edward Cory, Jaxson Worgan-O'Brien, Vickashni Kumar & Jorga Saunders.

3-6: Joshua Rigby, Benjamin Hobday, Chloe Slade-Eichorn, Katie Cory & Clare Cory.

Special Awards: Justin Hancock.

Student Banking

Student banking has recommenced for Term 4.

Up for grabs at the end of Sem 2 will be two prize packs: 1 Girl & 1 Boy. Each time your child does school banking a ticket will be written out in their name and go into the draw. Happy Saving. Also there is a New Future Saver App that parents can download for their child. A flyer has been sent home with students explaining what to do.

Trespassing on School Grounds

It has come to our attention that there has been people sighted in school grounds after hours and on weekends. Anyone found to be trespassing on school grounds without prior permission from the Principal will be prosecuted.

Attendance

Parents are reminded that all absences need to be explained in writing within 7 days of absence. Partial Attendance (late arrival) to school also will be documented and will need an explanation. Home School Liaison Officer will be monitoring Students attendance.

Student Sign In/Sign Out Book

Students late to school or leaving early must be signed in or out by parents/guardian/caregiver at the office.

Library and Sport

Library and Sport will remain on a Tuesday for this term for both classes

Speech and Language Program

This term Pallamallawa Public School have been fortunate to be included in a Speech and Language Trial Program facilitated by the New South Wales

Department of Education.

This program will be facilitated by the Assistant Principals Learning and Support, Barwon Network, Mrs Alexia Karam and Mrs Jacque Hall, working with our Jumpstart students on some of the Thursdays that the students are in the school.

The program is designed to foster and develop oral language to support academic achievement. The program involves the students working on activities in small groups in the classroom with the facilitators.

If you have any further questions, please contact the school.

Moree Plains Gallery

The Moree Plains Gallery is launching After-School Art Classes this term on Wednesday 18th October in the Gallery Workshop. Offered to children aged 6 to 14, classes will start at 3.30pm to 4.30pm. \$15 per child (Discounts apply for full term purchase). Bookings on 67573320 are essential as places are limited.

Canteen

Due to a lack of helpers Canteen will only be operating on a Tuesday for this term. The Canteen Menu & Price List is also on the School App Site. The Menu & Price List was sent home on Tuesday with all students.

CANTEEN ROSTER for TERM 4

Tuesday Canteen	
24 th	Jodi Rigby
31 st	Jodi Rigby
7 th	Jodi Rigby
14 th	Jodi Rigby
21 st	Jodi Rigby
28 th	NO CANTEEN- SWIM SCHOOL
5 th	Jodi Rigby
12 th	Jodi Rigby

Good for Kids good for life

THE IMPORTANCE OF HEALTHY EATING

Healthy eating is not just important for healthy body weight but also for brain development, behaviour and concentration which can help kids in the classroom.

What does healthy eating mean?

- Eating plenty of vegetables, legumes and fruits
- Eating plenty of cereals (preferably wholegrain), including bread, rice, pasta, and noodles
- Including lean meat, fish, poultry and/or alternatives
- Including reduced fat milk, yoghurt and cheese
- Drinking plenty of water

Save occasional foods such as cakes, pastries, chocolate, lollies, chips, fast food and soft drinks for sometimes and in small amounts.



Health
Hunter New England
Local Health District

PHONE 4924 6499