

# Pallamallawa Public School

## Newsletter 24<sup>th</sup> November Week 7 Term 4

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## Calendar 2022

### DEC

**Thurs 1<sup>st</sup> Swimming Carnival**

**Fri 9<sup>th</sup> Presentation Day 10am**

**Fri 16<sup>th</sup> Green Valley Farm  
Excursion**

**Fri 16<sup>th</sup> Students last day  
of Term 4**

**Mon 19<sup>th</sup> – Tues 20<sup>th</sup>**

**Staff Professional Learnings  
Days**

### FEB '23

**Fri 3<sup>rd</sup> – Mon 6<sup>th</sup>**

**Staff Professional Learnings  
Days**

**Tues 7<sup>th</sup> Students return to  
School**

## Dear Parents and Caregivers

### Ms P's Update

Welcome to Week 7!

#### Swim School

We here at PPS have been very busy organising our Intensive Swim School program which concluded Wednesday. Thank you, to all teachers, for running this program. All staff has done a great job teaching swim school and all students showed improvement and enthusiasm from last year. It is a big task. To all staff thank you. Your support with this program is essential and appreciated.

#### Market Day

Wow, What an awesome day! Our students were finally able to sell their products to the public. The current unit of work students were working on, involved creating a small business, products, packaging and labelling and then having to communicate with our customers and connecting with our community. Students had to work on money handling skills, coin and note recognition

and tendering amounts and change in a real-life situation. A big thank you to all our students for working, and families for supporting us in this learning experience

I wish to thank all students and Ms Hazell for such a fantastic effort and successful market day. The whole school will have a meeting to determine what to do with our profit from our sales. The STEM unit of work highlighted many Literacy and Numeracy learning outcomes our students accomplished. **#lovewherewelearn**

Invitations will go home next week for our Presentation Day. Keep an eye open for it.

Sharyn Pidgeon | Principal

### Swimming Carnival

The combined schools swimming carnival is on Thursday 1<sup>st</sup> December. Students will be travelling by bus to Warialda Pool. They will need a packed morning tea and lunch, water bottle, swimmers, rash shirt or T-shirt, sunscreen, joggers, towel, plastic bag for wet swimmers and hat.

### Green Valley Farm Excursion

The whole school is going on an end of year excursion to Green Valley Farm, on Friday 16<sup>th</sup> December. Parents and siblings are invited to attend, parents will be responsible for all costs involved for themselves and siblings on the day. The school will be paying for all students. There is a limited number of seats available, so it will be first in best dressed. A permission note will be sent out next week.

### Learn to Swim Lessons

All students participated in the Learn to swim program at Warialda Pool.



### SMART Home Expo

Pallamallawa school joined with 3 other small schools to attend the Smart home expo in Moree. Students had a fantastic day, they got to show case their Smart homes and talk about their journey from creating to coding.

They split into groups to create a Battlebot. Students had a time limit to workshop and execute their ideas then put their Battlebots to the test in the arena to battle against other groups. All Students had a great day and look forward to the next step in learning more about coding and technology.





## Pally Bush Markets



## Stay Rail Safe

Inland Rail has had construction work being carried out from Narrabri to North Star since early 2021. It is anticipated that construction work will be complete between Narrabri & Moree by the end of November and Camurra to North Star in the coming months. With harvest season upon us, the roads and rail track will be becoming a lot busier. Students, staff, school bus drivers and community members need to be mindful of the increased road and rail traffic whether walking, travelling by car or school bus. We would like to remind road users of the importance of level crossing safety. Some level crossings have lights and boom gates and others have just a stop sign. To Ensure your safety Please:

- Stop at all level crossings
- Look and listen for trains
- And obey all warning signals and signs



WANTED!

EGG CARTONS, IF YOU HAVE ANY  
YOU DO NOT WANT. PLEASE DROP  
THEM INTO THE SCHOOL OFFICE.

THANK YOU



**PRESENTATION DAY EVENT**  
**FRIDAY 9<sup>TH</sup> DEC AT 10AM.**  
**ALL WELCOME!**

**Good for kids**  
good for life



### Importance of sleep for growing kids

Did you know that primary school-aged children need between 9 - 11 hours of sleep every night?

Poor sleep quality and insufficient sleep has been associated with a range of physical and mental health problems that can impact on a child's health and development.

Here's some sleep tips to help make sure your kids are getting their zzz's...

- Have a consistent sleep schedule and bedtime routine to help your child relax and wind down each night.
- Switch off all screens (TV, tablets, computers, phones) an hour before bed, and no screens in the bedroom!
- Encourage daily exercise and time outdoors to promote good sleep.
- Make sure your child is getting plenty of physical activity throughout the day.



Developed by Hunter New England LHD

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